

Are you interested in the evolving principles and practices of holistic change facilitation? Do you value the exploration of inner psycho-spiritual development in service of systemic and social change?

Alef Trust is launching an 11-month online programme and emerging community of practice for anyone who is interested in creating a more just, equitable and sustainable world. The programme - Nurturing the Fields of Change - aims to support change-makers to catalyse change through the power of community and co-learning.

The programme starts in February. To find out more and register: <https://fieldsofchange.sutra.co>

Tier 1 - Widening Perspectives - is free and offers topics relating to holistic change and inner work. Sessions are held on Zoom on the first Monday of each month. The first session on the 6th February will explore the question of: "What is holistic change and how is it nurtured?"

Tier 2 - Deepening Reflections - includes exclusive "fireside conversations" with experts in the field. We start on 13th February with David Nicol, who introduces 'subtle activism', utilising consciousness-raising practices to usher in a new era. Tier 2 participants are also invited to join facilitated reflective circles in smaller groups.

Tier 3 - Evolving Facilitation - accompanies and resources participants more deeply. There is an integrative practice programme, and a four-module holistic change facilitation course, exploring the deeper dynamics of inner work and outer change.

We look forward to you joining us! To find out more and register: <https://fieldsofchange.sutra.co>

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