

INSS

Spirituality, Mental Health and Wellbeing Special Interest Group

INSS SIG fourth online meeting:

Spirituality, Mental Health and Wellbeing SIG: Reflecting upon Hope

With Jill Buckeldee and Katja Milner

Monday 27th February 2023: 12.00pm—13.15pm

Welcoming all interested INSS members to this new SIG focussing upon spirituality, mental health and wellbeing across diverse contexts, including in relation to study, research and practice.



This session will focus upon the theme of ‘Hope.’ What does this mean to you currently — in the context of your work, practice, research or life in general?

The group emphasises co-creating a safe yet focussed space to reflect, explore and share skills and inspiration together.

Please email m.rogers@hud.ac.uk for the TEAMS link