

INSS

Spirituality, Mental Health and Wellbeing Special Interest Group

INSS Spirituality, Mental health and Wellbeing SIG online meeting:

The role of peer supervision in practice based reflection

Presentation by Hannah Friebel

Next Meeting Date TBD Sept/Oct 2023

During this session we welcome Hannah Friebel, Lived Experience Mental Health Consultant in Australia to present on a practice based reflection approach derived from clinical pastoral education. This will be followed by an opportunity to experience an example of a group reflection workshop focussing on themes of spirituality within work and personal life.

This SIG is facilitated by Jill Buckeldee and Katja Milner



Welcoming all INSS members to this SIG focussing upon spirituality, mental health and wellbeing across diverse contexts, including in relation to study, research and practice.

The group emphasises co-creating a safe yet focussed space to reflect, explore and share skills and inspiration together.

Please email m.rogers@hud.ac.uk for the TEAMS link